



— Your Trusted Source —

VisionPro EPA/DHA/GLA

Introduced 2011



What Is It?

VisionPro EPA/DHA/GLA combines ultra-pure, molecularly distilled triglyceride fish oil with borage oil to provide 855 mg EPA, 645 mg DHA and 75 mg GLA per serving. EPA, DHA and GLA promote moisture retention and inflammatory balance in the eye to support natural tear production and tear film integrity in normally functioning eyes.*

Uses For VisionPro Omega

Eye Health: VisionPro EPA/DHA/GLA supports natural tear production, healthy tear film composition and retention of eye moisture. A cross-sectional study of 32,470 women demonstrated a significant association between omega-3 fatty acid intake and ocular surface hydration. Several randomized controlled clinical trials have indicated that fish oils provide significant support for healthy tear function and associated visual comfort scores. Specifically, EPA and DHA support the coating of fluid that covers the eyes. These omega-3 fatty acids are incorporated into the lipid layer of the eye to maintain its fluidity and viscosity. By supporting the functional properties of the lipid layer, EPA and DHA promote retention of water in the underlying aqueous layer. EPA and DHA also promote healthy prostaglandin and cytokine balance to help protect the secretory function of the lacrimal glands. Additionally, several studies have demonstrated that GLA-rich oils provide unique support for mucin production, prostaglandin balance and healthy tear film characteristics.*

What Is The Source?

Pure Encapsulations EPA/DHA products are molecularly distilled and microfiltered. They are sourced mainly from sardines and anchovies off the coast of Chile or Norway. They have been tested for contaminants including heavy metals, dioxans and furans, PCBs, peroxides and anisidine. Borage oil is a cold-pressed oil derived from the seed and produced without the use of solvents. The proprietary antioxidant blend is derived from a combination of rosemary extract, mixed tocopherols derived from highly purified soybean oil and ascorbyl palmitate derived from corn dextrose fermentation and palm oil.

Recommendations

Pure Encapsulations recommends 3 softgel capsules daily, with a meal.

Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. Fish oils may cause burping, gastrointestinal upset or indigestion, nausea, diarrhea, or abdominal bloating. It has a mild blood thinning effect and may influence glucose metabolism in some individuals, typically at larger levels. Borage oil may cause bloating, nausea, indigestion or headache in some sensitive individuals. Consult your physician for more information.

Are There Any Potential Drug Interactions?

Fish oil may be contra-indicated with blood thinning medications. Consult your physician for more information.

VisionPro EPA/DHA/GLA

three softgel capsules contain	20 sg
calories	30
calories from fat.....	30
total fat.....	3 g
fish oil concentrate (anchovies, sardines).....	2,871 mg
providing:	
EPA (eicosapentaenoic acid)	855 mg
DHA (docosahexaenoic acid).....	645 mg
other omega-3 fatty acids	195 mg
borage oil (seed).....	450 mg
providing:	
gamma-linolenic acid (GLA).....	75 mg
other ingredients: natural lemon flavor, proprietary natural antioxidant blend, gelatin capsule	
3 capsules daily, with a meal.	

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.